Heave Away

Description: 4-Wall Line Dance, 32 count, Intermediate **Choreographed by:** Gerard Murphy, murphydance@ns.sympatico.ca

Choreographed to: Heave away by The Fables (133 BPM) Available on iTunes

Shuffle, Shuffle, Touch, Kick, Coaster step back.

- 1 & 2 Step Right foot forward, Step Left foot together, Step Right foot forward.
- 3 & 4 Step Left foot forward, Step Right foot together, Step Left foot forward.
- 5-6 Touch Right next to Left, Kick Right forward.
- 7 & 8 Step back Right, Step Left beside Right, Step forward Right.

Step heel forward, Pivot ½ turn, Coaster step back, Heel switch Left, Right, Left, Clap twice.

- 9-10 Step Left heel forward, Pivot ½ turn Right (With Left toes dropping & Right heel rising, weight on Left).
- 11 & 12 Step back Right, Step Left beside Right, Step forward Right.
- 13 & 14 Touch Left heel forward, Replace Left next to Right, Touch Right heel forward.
- & 15 Replace Right next to Left, Touch Left heel forward.
- & 16 Clap, Clap.

And shuffle, Scuff, Hop, Step, Turn 1/4 Left chasse Right, Rock step.

- & 17 & 18 Replace Left next to Right, Step Right foot forward, Step Left foot together, Step Right foot forward.
- 19 & 20 Scuff Left next to Right, Hop forward on Right with Left still hitched, Step Left down next to Right.
- 21 & 22 Turn body ¼ turn Left & step Right foot to Right side, Step Left foot together, Step Right foot to Right side.
- 23 24 Rock back onto Left behind Right, Recover forward on Right.

Step, Behind, Coaster step back, Step forward, Pivot ½ turn, Kick ball change.

- 25 26 Step Left to Left side, Step Right behind Left.
- 27 & 28 Step back Left, Step Right beside Left, Step forward Left.
- 29 30 Step Right forward, Pivot ½ turn Left (weight on Left).
- 31 & 32 Kick Right forward, Step Right next to Left, Step Left in place.

Repeat!

HEAVE AWAY TAG...(IT'S EASY!!!)

Completed one time only – after you complete the full dance twice. You will be facing the back wall.

- 1 & 2 Right coaster step forward Right, Left, Right (arms by sides, swinging back).
- 3 & 4 Left coaster step back Left, Right, Left (arms by sides, swinging forward).
- 5 & 6 Right coaster step forward Right, Left, Right (arms by sides, swinging back).
- 7 & 8 Left coaster step back Left, Right, Left (arms by sides, swinging forward).