Defying Gravity

Choreographer: Gerard Murphy, Halifax, Nova Scotia, Canada (April 2011)

(902) 826-7076, murphydance@ns.sympatico.ca

Description: 64 count, four wall, intermediate line dance, with a tag

Music: Defying Gravity by Idina Menzel (Funky Junction& Antony Reale Radio Edit)

Track available on iTunes. (Time: 4:35). Start on lyrics (after 32 counts).

Walk, Walk, ¼ Turn Cross, Step L, Behind & Walk, Walk on Diagonal

1,2 Walk forward R, L

3&4 Step R forward, ¼ turn pivot L onto L, cross step R over L

5,6 Step L to L, cross step R behind L

&7,8 Quick step L on L, step R forward onto the diagonal (facing 11 o'clock), step L forward onto

the diagonal (facing 11 o'clock)

Rock Recover Coaster Step, Step Pivot, Step L, Slide

1,2 Rock forward on R, recover on L (facing 11 o'clock)
3&4 Coaster step back: R, L, R (facing 11 o'clock)
5,6 Step L forward, ½ turn pivot R onto R (facing 5 o'clock)

7,8 Step L to L, slide and step R next to L (now facing 6 o'clock)

Shuffle L, Cross Point, Cross Point, Cross Unwind

1&2 Shuffle step L: L, R, L

3,4 Cross step R over L, point L toe to L (with L leg extended L)
5,6 Cross step L behind R, point R toe to R (with R leg extended R)
7,8 Cross touch R over L, unwind ½ turn L (shifting weight to R)

Coaster Step, Step Pivot, Step, Kick & Kick & Step

1&2 Coaster step back: L, R, L

3,4,5 Step R forward, ½ turn pivot L onto L, Step R forward

6&7&8 Low kick L forward, step down on L, low kick R forward, step down on R, step L forward

(moving slightly forward on 6&7&8)

Rock Recover 1/2 Turn Shuffle, Rock Recover 1/2 Turn Shuffle

1,2,3&4 Rock forward on R, recover on L, ½ turn shuffle over R shoulder – R, L, R 5,6,7&8 Rock forward on L, recover on R, ½ turn shuffle over L shoulder – L, R, L

1/2 Turn Step Back, Back, Back, Back, Back, Touch, Forward, Touch

1,2,3,4 Pivot ½ turn L on L while stepping back on R, step L back, step R back, step L back

5,6,7,8 Step R back, touch L next to R, step L forward, touch R next to L

Step R, Cross Point, Step L, Touch, Four 1/4 Paddle Turns L

1,2,3,4 Step R to R, cross point L over R, step L to L, touch R next to L

5&6&7&8 Four ¼ paddle turns L ending with R leg extended R (weight is centered directly over L while

R executes a little "pushing" movement that keeps the body turning L)

Cross, Rock Recover, Cross, Step R, Behind & Cross, ¼ Turn, ¼ Turn

1,2&3,4 Cross step R over L, rock L on L, recover on R, cross step L over R, step R to R

5&6 Cross step L behind R, step R on ball of R, cross step L over R

7,8 Step R to R while turning ¼ turn to L, step L forward while turning ¼ turn L

Start over!

TAG: THREE times: After the 1st rotation (3 o'clock); 3rd rotation (9 o'clock) and 5th rotation (3

o'clock).

1-4 HOLD (freeze)