

Electro Mama

Michele Perron and Gerard Murphy

Four Wall, 32 Count Line Dance, March 2015*
CCW Rotation, Beginner/Easy Intermediate Level
michele.perron@gmail.com
murphydance@ns.sympatico.ca
(*revised March 24th)

Sec. I (1- 8)

- 1 & RIGHT Heel forward, RIGHT Heel/Hook Up in front of L shin
- 2 & RIGHT Heel forward, Hold
- 3 & 4 & RIGHT Step back, Hold, LEFT Step back, Hold
- 5 & 6 & RIGHT Rock/Step back, LEFT Recover/Step forward, RIGHT Step forward, Hold
- 7 & 8 & LEFT Step forward, Hold, Turn 1/4 R with RIGHT Step side R, Hold [3 o'clock]

Sec. II (9-16)

- 1 & 2 & LEFT Toe/Touch across front of R, Hold, LEFT Step side L, Hold
- 3 & 4 & RIGHT Toe/Touch across front of L, Hold, RIGHT Step side R, Hold
(Styling Note: add some arm/hands motions with Toe Touches)
- 5 & 6 & LEFT Step across front of R, Hold, RIGHT Step back, Hold
- 7 & 8 & Turn 1/4 L with LEFT Step side L, Hold, RIGHT Step forward, Hold [12 o'clock]

Sec. III (17-24)

- 1 & LEFT Step forward, RIGHT Step forward & behind L in 3rd position
- 2 & LEFT Step forward, Hold
- 3 & 4 & RIGHT Step forward, Hold, Turn 1/2 L with LEFT Step forward, Hold [6 o'clock]
- 5 & RIGHT Step forward, Hold
- 6 & LEFT Step side L, Heels raise up/Knees pop forward,
- 7 & Heels/Knees return to original position, Heels raise up/Knees pop forward
- 8 & Heels/Knees return to original position, Hold
(Styling Note: add shoulder shrugs on Knee Pops)

Sec. IV (25-32)

- 1 & 2 & RIGHT Step side R, Hold, LEFT Toe/Tap crossed behind R, Hold
 - 3 & 4 & LEFT Step side L, Hold, RIGHT Toe/Tap crossed behind L, Hold
(Styling Note: add some arm/hand motions with Taps)
 - 5 & 6 & RIGHT Step side R, Hold, LEFT step across behind R, Hold
 - 7 & 8 & Turn 1/4 R with RIGHT Step forward, Hold, LEFT Step forward, Hold [9 o'clock]
- Begin Again

Ending: To end facing front wall; you will be dancing "Heel Hook Heel Hold" (Sec I) on 3 o'clock wall,
Add: Right Step back and Turn 1/4 L with L Lunge side L & Pose.

Music Selection:

Peas and Rice by Swing Republic Ft Count Basie & Jimmy Rushing; 121 bpm (half time count)

3:13 minutes

Introduction: 32 Counts (begin before lyrics)

Album: Electro Swing Republic

Downloads: iTunes

Christmas Selection: Mele Kalikimaka by Bette Midler (Album: Cool Yule)

