

Do It!

Choreographer: Gerard Murphy, Halifax, Nova Scotia, Canada
murphydance@ns.sympatico.ca **October 20, 2006**

Description: 32 count, phrased, intermediate line dance with one restart

Music: ***The More You Do It (The More I like It Done To Me)*** by Natalie Cole
CD: Leavin' (2006)

Start dance after 16 counts – just after the word 'keep'.

One restart only: After completing FOUR rotations, you'll be facing the front wall. Now dance the first 16 counts - you will be facing the 9 o'clock wall. Restart from the beginning facing the 9 o'clock.

Walk, walk, touch, step back, coaster cross, hitch, cross

- 1,2 Walk forward – R, L
- 3,4 Pivot on ball of L a ½ turn to L and touch R next to L instep, step back onto R while dragging L back
- 5&6 Step back onto to L, step back onto R, cross step L over R
- 7,8 Hitch R knee slightly, cross step R over L

Rock and cross, and step kick, and step, step ½ pivot, and ¼ pivot

- 1&2 Rock to L onto ball of L, recover onto R, cross step L over R
- &3 Long step R to R side, step L next to R
- 4&5 Low kick R forward, step down onto R, step forward onto L
- 6,7 Step forward onto R, pivot ½ turn to L shifting weight to L
- &8 Step forward on ball of R, pivot ¼ turn to L shifting weight to L

Cross back and ¼ turn step, step, shuffle forward, step ½ pivot

- 1,2&3 Cross step R over L, step back onto L, step R a ¼ turn to R, step forward onto L
- 4 Step forward onto R
- 5&6 Shuffle lock steps forward – L, R, L
- 7,8 Step forward onto R, pivot ½ turn to L shifting weight to L

Step lock step, step hitch, ball cross ¼ turn, coaster step

- 1,2& Step forward diagonal R onto R, lock step L behind R, step forward diagonal R onto R
- 3,4 Step forward diagonal L onto L, hitch R knee slightly
- &5,6 Step down onto R, cross step L over R, step R to R while turning ¼ turn to L
- 7&8 Coaster back – L, R, L

More challenging option for last 2 counts:

- 7 Step L backward while making a ½ turn L
- &8 Step forward on ball of R, pivot 1/2 turn to L shifting weight to L

Begin again!